

# Laura A. Richardson, Ph.D.

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## **EDUCATIONAL HISTORY:**

**2009- 2015:** University of Detroit Mercy, Ph.D. in Clinical Psychology

**2009-2012:** University of Detroit Mercy, M.A. in Clinical Psychology

**2003-2007:** Michigan State University, B.A., Psychology

## **CLINICAL EXPERIENCE (MOST TO LEAST RECENT):**

**Position:** **Assistant in Psychology, Instructor in Psychology**

Massachusetts General Hospital/Harvard Medical School, Department of Psychiatry- Boston, Massachusetts

Period Held: 07/18-present

**Position Duties:** Hold adult outpatient psychotherapy cases in the primary care psychiatry group. Conduct one-time consultation intakes as a part of the urgent care psychiatry group. Collaborate with patient providers to establish integrated and effective patient care. Participate in weekly team meetings of the primary care and urgent care groups. Conduct comprehensive adult neuro-cognitive assessments in an outpatient psychiatric setting. Co-lead once a week interpersonal psychotherapy group.

**Position:** **Postdoctoral Clinical Fellowship (Psychological Evaluation and Research Laboratory)**

Place: Massachusetts General Hospital/Harvard Medical School, Department of Psychiatry- Boston, Massachusetts

Period Held: 07/15- 07/16

Supervisor: Mark Blais, Psy.D

**Position Duties:** Conduct adult neuro-cognitive assessments in an outpatient psychiatric setting; hold adult outpatient short term and long term psychotherapy cases; conduct research involving personality assessment; attend weekly meetings on neuro-cognitive test administration and personality assessment, engage in weekly psychological evaluation and research laboratory meetings.

**Position:** **APA Accredited Internship in Clinical Psychology**

Place: Louisiana State University Health Sciences Center, School of Medicine,  
Department of Psychiatry- New Orleans, Louisiana  
Period Held: 07/14- 07/15  
Supervisors: William S. Walker, Ph.D., Phillip T. Griffin, Ph.D., ABPP, Erin Reuther,  
Ph.D.

Position Duties: Conduct consultations, group and individual therapy, community meetings and brief psychological assessments at the LSU Behavioral Health adult inpatient psychiatric hospital; Hold five to six adult outpatient cases at the LSU Behavioral Sciences Center; Administer comprehensive outpatient assessment batteries and bariatric evaluations; participate in weekly didactics covering a range of clinical topics; Completed a 4-month rotation in Health Psychology-consultation liaison working with people who have a trauma history.

**Position:** **Advanced Practicum Intern (Primary Care Behavioral Health)**

Place: Wayne State University Family Medicine Center, Crittenton Hospital-  
Rochester, Michigan  
Period Held: 09/13-06/14  
Supervisors: John H. Porcerelli, Ph.D., ABPP, William Murdoch, M.D., FAAFP

Position Duties: Conduct individual (short-term) psychotherapy; Promote collaborative care (working along side physicians and residents) to help them assess and treat psychological (e.g., stress, symptoms, disorders) and behavioral or wellness issues (i.e., chronic disease management, diet, exercise, relaxation); Complete consultations; Administer brief psychological assessments and screening measures; Assess physician/patient encounters in the medical clinic; conduct research.

**Position:** **Advanced Practicum Intern (Psychotherapist and Diagnostician)**

Place: Oakland University Counseling Center- Rochester, Michigan  
Period Held: 09/12- 08/13  
Supervisors: James Franklin, Ph.D., David Schwartz, Ph.D., Ellen Fedon-Keyt, Ph.D.

Position Duties: Conduct individual psychotherapy (short-term and long-term); maintain and manage case load of 10+ student clients; provide crisis intervention and consultation to Oakland University clients; administer, score, and interpret psychological/educational assessments; maintain case records and appropriate documentation for files; attend weekly psychotherapy and diagnostic seminars based on a variety of clinical topics; receive weekly individual supervision for psychotherapy and assessment cases; conduct outreach screenings and workshops (i.e., depression, anxiety, procrastination); participate in awareness events; co-facilitate alcohol remediation class.

**Position:**                      **Practicum Intern (Psychotherapist and Diagnostician)**

Place:                              University of Michigan-Dearborn Counseling and Disability Services-  
Dearborn, Michigan  
Period Held:                      09/11-08/12  
Supervisors:                      David Schroat, Ph.D., Sarah Pouliot, Ph.D.

**Position Duties:**              Conduct intakes, case consultations and career assessments for University students; provide short-term and long-term therapy services (psychodynamic and cognitive-behavioral) for students entering treatment with a range of difficulties (e.g., depression, anxiety, behavioral problems, relationship issues and family issues); participate in once a week group and individual supervision to discuss and conceptualize client cases; attend training seminars conducted once a week to further educational and theoretical training through enriching discussions; attend outreach programming; maintain and manage client records and documentation through completion of progress notes and thorough intake summaries detailing client concerns, client history, clinical impressions and treatment planning.

**Position:**                      **Student Psychotherapist**

Place:                              University of Detroit Mercy Psychology Clinic- Detroit, Michigan  
Period Held:                      09/10-08/13  
Supervisors:                      Susan Orbach, Ph.D., Nick Boneff, Ph.D., Michael Shulman, Ph.D.,  
Cheryl Munday, Ph.D.

**Position Duties:**              Training and experience in conducting intakes and providing individual long-term psychodynamic psychotherapy with adolescents and adults at the University of Detroit Mercy Psychology Clinic; present clinical work to peers and professors at weekly case conferences; receive one hour of supervision per hour of psychotherapy from an affiliated licensed psychologist trained in psychoanalytic psychotherapy; manage appropriate records and documentation (including progress notes, intake summaries, quarterly summaries, closing summaries and weekly process notes).

**Position:**                      **Student Assessment Evaluator**

Place:                              University of Detroit Mercy Psychology Clinic- Detroit, Michigan  
Period Held:                      09/10-08/11  
Supervisor:                      Margaret Stack, Ph.D., ABPP

**Position Duties:**              Training experience in psychological/educational assessment with children, adolescents and adults; completion of 9 cognitive, personality, and socioemotional assessments aimed at the comprehensive description

**Position:** **University Psychology Clinic Assistant**

Position Duties: Address crisis calls, assessment and intake evaluations, psychotherapy and diagnostic referrals, and administrative responsibilities.

**Position:** *School Psychology Assessment Sequence Teaching Assistant*

**Position Duties:** Provide support for assessment courses in School Psychology for cognitive and achievement measures; grade student protocols; demonstrate administration of psychological tests in a practice setting; critique students administration of psychological tests in a practice setting.

**Position Duties:** Evaluate first year doctoral students administration of the WAIS-IV, WISC-IV, MMPI-2, and Rorschach; grade student scoring protocols; provide support and explanation for student questions and concerns regarding psychological testing.

**Position:** *Research Assistant in Behavioral Health*

Place: Wayne State University Family Medicine Center, Crittenton Hospital-  
Rochester, Michigan

Period Held: 09/13- 06/14

Supervisor: John H. Porcerelli, Ph.D., ABPP

Position Duties: Administer protocols on Attachment, Health, and Personality as predictions of the Doctor-Patient relationship that is part of a project at the Family Medicine Center.

### **Second Year Project**

Overview: Assessed reflective functioning through early childhood memories of African American women in primary care. The study compared reflective functioning in women with insecure and secure attachment profiles. A modified version of Peter Fonagy's Reflective Functioning Scale was applied to the early memory narratives. Results indicated reflective functioning scores of one of seven early memories (Happiest) reached statistical significance. All correlations were in the expected direction with only secure attachment significantly correlating with reflective functioning.

Position: **Post-Bachelor's Certified Psychology Research Assistant**  
Place: Wayne State University-Detroit, Michigan and Rochester Hills, Michigan  
Period Held: 09/07- 09/10  
Supervisor: John H. Porcerelli, Ph.D., ABPP

Position Duties: Code early childhood memories using the DSM-IV Defensive Functioning Scale; learn and identify the 31 defenses in taped interviews of African American women receiving primary care; code early childhood memories of patient's with Borderline Personality Disorder, Major Depression and controls using the Early Memory Index.

Position: **Pathways to Literacy Lab Assistant**  
Place: University of Michigan- Ann Arbor, Michigan  
Period Held: 05/06- 08/06  
Supervisor: Frederick Morrison, Ph.D.

Position Duties: Enter data for literacy protocols of children age 5 and under; attend and actively participate in staff meetings; assist graduate students with administration of research procedures.

### **PUBLICATIONS:**

**Richardson, L.,** Porcerelli, J.H., Dauphin, V.B., Morris, P., Murdoch, W. (2017) The use of the social cognition and object relations scale in a primary care setting. *Journal of Personality Assessment*.

Sinclair, S.J., Roche, M.J., Temes, C., Massey, C., Chung, W.J., Stein, M.B., **Richardson, L.,** Blais, M. (2016). Evaluating chronic suicide risk with the personality assessment inventory: development

and initial validation of the chronic suicide risk index (S\_Chron). *The Journal of Psychiatric Research*, 245, 443-450. doi: 10.1016/j.psychres.2016.08.048

Porcerelli, J.H., Huth-Bocks, A., Huprich, S.K., **Richardson, L.** (2016). Defense mechanisms of pregnant mothers predict attachment security, social-emotional competence, and behavior problems in their toddlers. *American Journal of Psychiatry*, 173(2), 138-146.  
doi:10.1176/appi.ajp.2015.15020173.

Porcerelli, J.H., Cogan, R., Melchior, K.A., Jasinski, M.J., **Richardson, L.**, Fowler, S. Morris, P., Murdoch, W. (2015). Convergent Validity of the Early Memory Index in Two Primary Care Samples. *Journal of Personality Assessment. Journal of Personality Assessment*.

### **PROFESSIONAL PRESENTATIONS:**

Richardson, L.A., Stein, M.B., Slavin Mulford, J., Chung, W.J., Burke, A.S., Pitman, S.R., Blais, M.A. *Toward a Brief Multimethod Assessment of Object Relations Using the SCORS-G and ECR*. Paper presented as part of the Integrated Paper Session, Applying Narrative-Based Research to Personality Assessment, at the Annual Convention of the Society for Personality Assessment (SPA) in March 2017, San Francisco, CA.

Chung, W.J., Stein, M.B., Richardson, L.A., Burke, A.S., Pitman, S.R., Blais, M.A. *A Mono-Method Multi-Trait Exploration of the Conners' Adult ADHD Rating Scales*. Massachusetts General Hospital, Harvard Medical School. Paper presented as part of the Integrated Paper Session, Testing in Diagnosis and Treatment Integrated Paper Session at the Annual Convention of the Society for Personality Assessment (SPA) in March 2017, San Francisco, CA.

Stein, M.B., Slavin Mulford, J., Chung, W.J., Richardson, L.A., Burke, A.S., Pitman, S.R., Blais, M.A. *Using the SCORS-G as a Conceptual Framework in the Initial Patient Encounter*. Massachusetts General Hospital, Harvard Medical School. Paper presented as part of the Integrated Paper Session, Applying Narrative-Based Research to Personality Assessment, at the Annual Convention of the Society for Personality Assessment (SPA) in March 2017, San Francisco, CA.

Richardson, L., Porcerelli, J.H., Murdoch, W., Morris, P. *Attachment and Interpersonal Relatedness as Models Predicting Somatization, Healthcare Utilization, and Physical Health in Primary Care*. Paper presented as part of the Generating Clinical Insights Using the SCORS-G Global and Individual Scales paper session at the Annual Convention of the Society for Personality Assessment (SPA), Brooklyn, NY, March 2015.

Richardson, L., Jasinski, M., Murdoch, W., Morris, P., and Porcerelli, J. *Convergent Validity of the Adelphi Early Memory Index: A Primary Care Study*. Presented poster at the Annual Convention of the Society for Personality Assessment (SPA), Arlington, VA, March 2014.

Jasinski, M., Richardson, L., Murdoch, W., Morris, P., and Porcerelli, J., *Adelphi Early Memory Index Scores, Healthcare Utilization, Physical Health, and the Physician-Patient Relationship in*

*Primary Care.* Poster was presented by Matthew Jasinski at the Annual Convention of the Society for Personality Assessment, Arlington, VA, March 2014.

Richardson, L., Porcerelli, J., Huprich, S., Silk, K., & Lohr, N., *Relationship Between the Early Memory Index Factor Scores and Social Adjustment.* Presented poster at the Society for Personality Assessment (SPA), 2010, San Jose, California.

Porcerelli, J., Huprich, S., Silk, K., Lohr, N., Richardson, L., *A Validity Study of the Early Memory Index.* Paper was presented by John Porcerelli at the Society for Personality Assessment (SPA), 2010, San Jose, California.

Miller, K., Mickens, L., Porcerelli, J., & Richardson, L., *Social Cognition and Object Relations of Female Victims of Childhood Sexual Abuse: An Urban Primary Care Study.* Paper was presented by Kristen Miller at the Society for Personality Assessment (SPA), March 2008, New Orleans, Louisiana.

## **RELATED WORK EXPERIENCE:**

### **Position:**                      **Psychometrist/Neuropsychological Testing**

Place:                                David R. Drasnin, Ph.D., PC, Clinical and Neuropsychology

Period Held:                      07/12-01/14

Supervisor:                      David R. Drasnin, Ph.D.

**Position Duties:**                Trained in a broad spectrum of neuropsychological measures; administer, score and interpret neuropsychological tests to clients seeking further services for memory, motor, behavioral, linguistic and executive functioning difficulties. Measures trained in include: Word Memory Test (WMT), Test of Memory Malinger (TOMM), Tower of London (TOL), Continuous Visual Memory Test (CVMT), Wechsler Abbreviated Scale of Intelligence-II (WASI-II), Rey Complex Figure Test (RCFT), Rey Auditory Verbal Learning Test (RAVLT), Boston Naming Test (BNT), Brief Test of Attention (BTA), Trails A & B, Stroop, Category Test, Motor tests: Grooved Peg Board, Grip Strength, Finger Tapping, FAS & Animals, Symbol Digit Modalities Test (SDMT).

### **Position:**                      **Mentor Coordinator for at-risk Youth- Americorps**

Place:                                The Guidance Center, Southgate, Michigan

Period Held:                      09/08- 08/09

Supervisor:                      Joe Spain

**Position Duties:**                Successfully matched at-risk youth receiving mental health services with adult mentors; facilitate weekly educational groups (group mentoring), support groups and monthly enrichment activities; conduct bi-monthly training for incoming mentors.

**Position:**                      **Residential Teaching Assistant for Traumatic Brain Injured Patients**

Place: Willowbrook Rehabilitation Center, Brighton, Michigan  
Period Held: 09/07-09/08  
Supervisor: Isaac Singer, M.S.W.

**Position Duties:** Engage in specific praise and positive attention to promote healthy interactions and behaviors for people with traumatic brain injuries; communicate relevant client information effectively to treatment teams, behavioral analyst and house manager; provide consistent adherence to therapy and behavior plans.

**VOLUNTEER ACTIVITIES:**

**Position:**                      **Crisis Center Intern and Caseworker**

Place: SOS Community Services, Ypsilanti, Michigan  
Period Held: 05/06-08/06  
Supervisor: Faye Askew-King, M.S.W.

**Position Duties:** Appointed caseworker to a homeless family after thorough empathy training; involved in eviction prevention and food distribution for clients seeking services; demonstrate effective listening skills; participate in team leader meetings and intern group supervision meetings.

**Position:**                      **Crisis Hotline Volunteer**

Place: The Listening Ear, East Lansing, Michigan  
Period Held: 09/05-08/06

**Position Duties:** Demonstrate effective empathy skills learned through 64 hours of training; assist callers by maintaining empathy and building rapport; provide support to fellow volunteers by processing their experience after crisis calls.

**GRANTS, AWARDS, SCHOLARSHIPS:**

**Awards:** Scientific Paper Prize of the American Psychoanalytic Association for: **Defense Mechanisms of Pregnant Mothers Predict Attachment Security, Social-Emotional Competence, and Behavior Problems in Their Toddlers (Porcerelli, Huth-Bocks, Huprich, & Richardson, 2016)** presented by John H. Porcerelli at the 2017 American Psychoanalytic Association in New York, January 2017.



**Student Travel Grant:** Society for Personality Assessment for presenting a poster presentation at the Annual Meeting in San Jose, California, 2010

*Title:* Relationship Between Early Memory Index Factor Scores and Social Adjustment.

**Teaching Assistant:** Received a tuition credit at University of Detroit Mercy from 2009-2011.

**Award:** First place poster at the Annual Convention of the Society for Personality Assessment (SPA), Arlington, VA, 03/2014.

**Distinguished Research Award:** Received by the University of Detroit Mercy in March 2015 for distinguished research in the Doctorate program of Clinical Psychology.

### **PROFESSIONAL AFFILIATIONS:**

Member: Society for Personality Assessment